Urban studies stuff

<https://www.urbandesignmentalhealth.com/cities.html> - Urban planning and mental health case studies

<https://www.vibrantcitieslab.com/research/city-planning-regional-planning/> - case studies and research ideas for creating better cities including urban forestry toolkit

<https://www.youtube.com/watch?v=CV8Fcta4bNE>

<https://www.youtube.com/watch?v=r4sumpEqnlY> – Curitiba video – this one